

# WILSON DAILY BULLETIN

Wilson High School  
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Visit our [website](#), like us on [Facebook](#), follow Principal Chatard on [Twitter](#)  
For pdf archives of the Bulletin go to <http://www.pps.net/Page/10118>

## Monday, March 13, 2017 B, Periods 5-8

### SCHEDULE FOR MARCH 13 - MARCH 17

Monday, March 13: B  
Tuesday, March 14: A  
Wednesday, March 15: B  
Thursday, March 16: A/Tutor Time  
Friday, March 17: B/Assembly

### SCHEDULE FOR MARCH 20 - MARCH 24

Monday, March 20: A  
Tuesday, March 21: B  
Wednesday, March 22: A/Tutor Time  
Thursday, March 23: B/Assembly  
Friday, March 24: A

## ATHLETICS

Spring sports have begun and registration continues. For Golf, Tennis, Track and Field, Baseball or Softball, go to [www.familyid.com/organizations/wilson-hs](http://www.familyid.com/organizations/wilson-hs) to register. For Lacrosse, go to [wilsonlax.com](http://wilsonlax.com) (girls) or [www.wilsonlax.org](http://www.wilsonlax.org) (boys).

\*Sign up to work the Boosters concession stand at the home games marked below, help Boosters support Wilson student activities! Go to the link to sign up: <http://vols.pt/zLYCmC>. \*

Go to [wilsonathletics.com](http://wilsonathletics.com) for complete sports schedules.

### **Tuesday, March 14**

Girls Varsity Lacrosse v Glencoe, Hare Field in Hillsboro, 8pm

### **Thursday, March 16**

\*Boys Lacrosse @ Wilson: JV vs Camas, 6:00pm; Varsity vs Marist, 8:00pm; Wilson Turf Field\*

### **Friday, March 17**

Girls Lacrosse @ Cleveland: JV at 6:15pm, Varsity at 7:45pm, Cleveland High School

### **Saturday, March 18**

Boys Lacrosse: JV @ West Salem, 11:00am; JV @ McNary, 4:00pm; Varsity @ Churchill HS, 12:00pm; Varsity @ Sheldon, 6:00pm

## **EVENTS**

### **Monday, March 13**

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#### **AP Exam Payment Due Today**

Have you signed up to take AP Exams? Have you paid the exam fee? **Payment is due no later than March 13 or you will not be able to take exams.** Pay at the bookkeeper's office (cash, check, or card) or online via credit card at [schoolpay.com](http://schoolpay.com). In addition, turn in permission slips with parent or guardian signature to the testing coordinators office in the Wilson main office as soon as possible.

### **Tuesday, March 14**

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### **NW Youth Careers Expo**

All Sophomores will attend. Students will load busses around 9:20am and will return at 12:30pm. The Expo is an event where students participate in a variety of career exploration activities and meet their CRLE graduation requirement.

### **PTA Parent Education Night, Wilson Library 6:30pm**

Peace in Schools and Mindful Studies at Wilson with Stephanie Edman and Allyson Copacino

In 2014 Wilson High School partnered with Peace in Schools to launch the first for-credit high school mindfulness course in the nation. This class guides students in practices that help them manage strong emotions, calm their minds, and find acceptance. Please join mindfulness educators Allyson Copacino and Stephanie Edman for a presentation on the benefits of Mindful Studies. The talk will include general information about the course, a discussion of the emotional and educational benefits to our students, and a demo that will invite you to explore your own experience of the present moment. Students from Mindful Studies will also share how this class has deeply affected their lives and community.

## **Wednesday, March 15**

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### **Wilson's First Story Slam, 3:45pm**

The event starts at 3:45 pm in the Library and is modeled on The Moth. Please think about participating by telling a 5-minute story from your life. Rules and tips available in the Library, cash prizes for the top two winners!

## **Thursday, March 16**

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### **Band Concert, 7:00pm**

**FAFSA Workshop, During Tutor Time in the Library**

Snacks provided! Get your FAFSA in and be entered to win a \$75 shopping spree! Brought to you by the Wilson College Center.

## **Friday, March 17**

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### ***My Life Matters* Assembly During Tutor Time**

#### **Mr. Trojan, Wilson Auditorium, 7pm**

Mr. Trojan is an all-men's pageant for charity. All of the proceeds from the event will go directly to the Leukemia and Lymphoma Society. Mr. Trojan first appeared at WHS in 2012 as a family event that involves activities outside of school, rehearsals and homework that contestants are responsible for. The winner of the event will receive a scholarship and will get to bear the name of *Mr. Trojan 2017*.

## **NEWS**

### **Wilson's 2017 Rose Princess**

Senior **Maggie Beutler** has been selected as Wilson's representative on the Rose Festival Court. Born in Guixi, China, Maggie is the daughter of Toija and William Beutler and hopes to major in English in college and become a writer for film and television.

### **Wilson Scholarship Winner**

Senior **Diana Fajer** has been awarded the Oregon State University Presidential Scholarship, the most prestigious awarded by OSU. The scholarship provides \$40,000 over the student's undergraduate career (\$10,000 renewable for four years). Congratulations, Diana!

### **PIL Solo & Ensemble Results**

Wilson's Chamber Orchestra is going to State for large string ensembles, and **Annia Hedlund** won the mezzo soprano category and is going to State! To add to that excitement, **Finn Henell** is PIL winner on solo trombone. All of these amazing

musicians will head to state competition on April 29. Congratulations and good luck!

## **Winning Season for Wilson Chess**

The Wilson High School Chess Team completed another successful year of chess at this weekend's Oregon High School Chess Team Association State Championship. The Varsity Team won 4th place (3rd place for the 6A classification); the JV team, made up of both Wilson and Gray Middle School players, tied for first overall and won first place in the JV 6A classification.

The Varsity team was coming off a third-place win in the Portland Area High School League, which was played throughout the Winter. Board awards (for best individual performance) at the Portland League were won by **Riley Waugh**, **River Bednark**, and **Sinan Grehan**. Congratulations to them and all the other team members from Wilson (including **Joshua Bromley**, **Nathan Jewell**, **Caeden Newby**, **Christopher Ng**, and **Jake Winkler**), as well as their colleagues from Gray Middle School. Individual tournaments will continue throughout the spring for all the players, and they will return in the fall to begin team competition once again.

Read more and see a photo of the team [here](#).

## **Speech and Debate Regular Season Ends Big**

At the last three invitational tournaments before state and national qualifiers, Wilson speakers and debaters distinguished themselves with winning performances. At the University of Oregon February 18-19, the following students won awards: **Benedicte Hamilton** (1st Expository), **Moses Felberg** (1st Radio Commentary), **Fletcher Calcagno** (2nd Radio Commentary), **Hannah Borel** (3rd Dramatic Interpretation), **Wolf Morgan-Steiner** (3rd After Dinner Speaking), **Elijah Moon** (5th Expository Speaking, 5th place speaker award Parliamentary Debate), **Tosca Ruotolo** (6th Expository), and **Amy Sloan** (7th Radio Commentary). The next week, at the Rose City Round Robin, a debate-only tournament hosted by Lincoln High School, the Public Forum team of **Moses**

**Felberg** and **Fletcher Calcagno** made quarter finals, and Fletcher tied for 1st place and won 1st place in speaker awards in the new Big Question Debate format. On March 4 at Oregon City High School the following students won awards: **Amy Sloan** (1st Radio Commentary), **Helen Fick** (2nd Humorous Interpretation), **Andrew Foran** (3rd Humorous Interpretation), **Hannah Borel** (3rd Programmed Oral Interpretation), and **Wolf Morgan-Steiner** (7th Dramatic Interpretation). Congratulations to all the winners. March 23-25, students will compete to qualify for the National Tournament to be held in Birmingham, Alabama in June. April 6-8, the PIL District Tournament will determine which speakers from the PIL will compete at the State Championships at Western Oregon University April 20-23.

## ANNOUNCEMENTS

### **New: Pizzicato Dough for Dollars, Hillsdale Pizzicato, 11am-9pm, March 21**

Buy pizza, earn money for Wilson Foundation! Wilson Foundation will receive 20% of your purchase amount (including gift certificates) at the Hillsdale Pizzicato, 6358 SW Capitol Highway 503-452-7166. 11am - 9pm.

### **New: Volunteers Need at PTA Clothing Center, 9:30am-1:00pm, Thursday, March 23**

The PTA Clothing Center is at Franklin High School, 3905 SE 91st Ave. Center hours are 9:30 am - 1:00 pm. If you are interested in helping out or would like more information please contact Liz Butson at 503-206-6611 or [eabutson@gmail.com](mailto:eabutson@gmail.com).

## **PPS Calendar Update**

The **April 7** teacher-planning day has been changed to an instructional day, and another day has been added to the school year. The last day of school is now **June 15**. These calendar changes do not affect graduation dates for seniors.

## **Wilson Auction 2017!**

Tickets **On Sale Now**

April 22, 2017, 6-10pm, PDX Sports Center, 8785 SW Beaverton Hillsdale Hwy  
Dinner, Party Sign-Ups, Silent Auction, Live Auction and more. Get your tickets now—this event is approaching capacity!

### **Wilson Auction 2017 to Benefit Student Activities**

Want to raise money for your student club, team or activity? Follow the procurement guidelines [here](#). **The procurement deadline is April 15.**

## **Spring Sports Registration**

For Golf, Tennis, Track and Field, Baseball or Softball:

If your athlete has played a sport at Wilson, then you have already set up an account through Family ID. Go to [www.familyid.com/organizations/wilson-hs](http://www.familyid.com/organizations/wilson-hs), log in and sign up for the proper spring sport.

If your son or daughter has NOT played a sport at Wilson, then you need to set up an account on Family ID:

- Go to [www.familyid.com/organizations/wilson-hs](http://www.familyid.com/organizations/wilson-hs)
- Click Create Account in upper right.
- Enter info including a parent's email address (not the athlete's email address at this point).
- Family ID will send you an email. Click on this email to complete the Spring sport registration. Answer the questions and sign the forms online together with your son or daughter.

Lacrosse is a Spring club sport. To sign up for Girls Lacrosse go to [www.wilsonlax.com](http://www.wilsonlax.com). To sign up for Boys Lacrosse go to [www.wilsonlax.org](http://www.wilsonlax.org).

## **Black Student Success Summit, Portland State University, Saturday, April 15, 9:00am-4:00pm**

Come for: Information, human resource experts, career counselors, jobs, scholarships, internships, colleges, and more.

Stay for: Discussions with educators, professionals, community partners and college students of African descent about their shared experience and individual expertise.

Leave with: Hope, inspiration, knowledge, strategies, goals, and new ideas.

Contact: 971-303-8421. Register online at [www.beamvillage.org](http://www.beamvillage.org).

## **Wilson Boys, Apply Now for Volleyball**

Wilson's annual boys volleyball match is coming up so pick up your registration forms in the main office. Practice starts week of April 17.

## **Counselor's Corner**

Wilson counselors have a combined length of experience of over 75 years of helping teens and their parents navigate the high school experience. Go to the [Counseling page](#) of the Wilson website for more information, advice, and helpful tips.

## **How and Why to Help your Teen get Enough Sleep**

(Excerpts from *YourTeenMagazine* interview with Arianna Huffington)

### **Research shows the majority of teenagers are sleep-deprived. How does not getting enough sleep impact our teens?**

The impact can be severe, and sleep is a particular problem for teens. Studies have shown that insufficient sleep is directly linked to stress and anxiety in teens. And with the distraction of technology and school start times that are too early across much of the country, a high percentage of our teens are not getting adequate sleep.

*For the rest of the article, click [here](#).*



## **FAFSA Challenge: Seniors, Win \$75 Shopping Spree**

The Wilson College Center wants to give Seniors money for applying for money! Filing the FAFSA is the gateway to financial aid for college, do it today!

Go to [FAFSA.ed.gov](http://FAFSA.ed.gov) to complete your FAFSA form—get financial aid for college *and* be automatically entered in a drawing to win a \$75 Amazon shopping spree.

One winner every two weeks will be drawn from the list of students who have filled out a FAFSA application.

## **Senior Slide Show Now Under Construction**

Attention Senior Parents!! The Grad Night Committee is working to put together a slide show of the senior class to be played at Grad Night. Please send photos of your senior. The pictures can be of any stage in your child's life and can include friends if you wish. Send up to five photos to Jenn Van Vleet ([goodgirlcef@yahoo.com](mailto:goodgirlcef@yahoo.com)). If you don't have a way to scan photos, email Jenn to make other arrangements. Thank you for helping to make grad night a super success!

## **Seniors, Place Your Jostens Orders Now!**

Jostens website: [www.jostens.com](http://www.jostens.com)

Jostens toll-free phone number: 1-800-JOSTENS (567-8367)

## **Scholarships**

For complete information and more scholarships, go to <http://www.pps.k12.or.us/schools/wilson/312.htm#scholarships>.

- The Mickley/Berg Radio Operator Memorial Scholarship, Due March 31st, Award: \$1,000 Apply: [www.otvarc.org/](http://www.otvarc.org/) or [www.seapac.org/](http://www.seapac.org/).
- Wilson Community Scholarship, Due: April 14th, 2017, Award: \$1,000 (2). Application with essay prompts have been emailed to seniors. If you didn't receive it, pick one up from Sharon Dailey in Counseling starting March 9.

- Gifford Family Community Scholarship, Due April 14th, 2017, Award: \$1,000. Application was emailed to seniors. If you didn't receive it, pick one up from Sharon Dailey in Counseling starting March 9.
- CG Trader Scholarship, Due: June 1, 2017, Award: \$2,000 or \$500.
- Apply online at [www.cgtrader.com/scholarships](http://www.cgtrader.com/scholarships).
- Acacia Men's Leadership Scholarship, Due: June 1st, 2017, Award: \$1,500 (10). Apply: <http://oregonstateacacia.acaciacconnect.org/>.

## **Wilson Student Volunteers Needed for April Hill Park Celebration**

Make kids smile by volunteering for a few hours on April 9, 2-4pm, at April Hill Park (SW 58th Avenue and Miles Street). Southwest Neighborhoods, Inc., needs student volunteers to help run fun kids' activities and with set-up and teardown. Call (503) 823-4592 to sign up and earn community service credit. This event is free and all are welcome.

## **Career Center News**

### **Girls: Oregon, Action, Leadership, Service Summit; Portland State University Smith Memorial Ballroom, April 26**

The Center for Women's Leadership and the Summit's Teen Council are inviting girls from Wilson to work with their teen council for the 2017 GOALS Summit. Develop leadership skills, meet with other teen girls from around the city, hear from women leaders, attend workshops. For more information and to register visit [www.oregongirlslead.com](http://www.oregongirlslead.com).

## **2017 Portland Plunge, June 23-30**

The Portland Plunge is a weeklong opportunity designed to provide high school students exposure to issues such as homelessness, poverty, barriers preventing people from getting the support they need, and cultural differences. During the week, participants will stay in a facility in SE Portland with 25 other youth and an adult staff while volunteering in agencies such as St. Francis Dining Hall, Blanchet House, and others. Applications are due April 28 and can be found online at <http://>

[www.pps.net/cms/lib8/OR01913224/Centricity/Domain/1484/2017%20Portland%20Plunge%20Application.pdf](http://www.pps.net/cms/lib8/OR01913224/Centricity/Domain/1484/2017%20Portland%20Plunge%20Application.pdf)

## **Free Online Language Learning from Multnomah County Library**

Are you learning a language or planning on visiting a non-English speaking country this summer? If so, Multnomah County Library has a free online resource called **Mango Connect** that can help support language learning through lessons that facilitate conversational skills and grammar. There are units for more than 50 languages, and Mango also includes lessons in English for speakers of over 15 languages including Spanish, Russian, Vietnamese, Chinese and Somali.

## **Support Wilson PTA, Buy Scrip**

Scrip is an easy way to support the PTA that costs you nothing extra! This program works with local and national vendors, including most of your favorite grocers, restaurants and retailers. Leave your order with the Wilson Bookkeeper on Monday, pick up your scrip on Friday afternoon. Or place your order by phone, postal mail, or e-mail! Contact Martha Schulte ([schulte@easystreet.net](mailto:schulte@easystreet.net); 503-244-5072) for more information or to place an order. Download order forms [here](#).

## **Last Day of School is Now June 15**

Because of the snow days in December and January, the PPS Board of Education voted to restore instructional hours by canceling all late openings and early releases and extending the school year by an additional day until June 14th. Staff is reviewing other calendar adjustments to address lost school days. Stay tuned!

## **CONNECTIONS**

The Wilson Daily Bulletin is an electronic newsletter full of useful information and interesting news emailed to Wilson students, parents, staff, and community members. The Bulletin is published every day. The Monday Edition has the widest

distribution and includes more general announcements; Thursday-Friday the focus is on events more specific to the school and what goes on in the building during school hours. Archives can be found **online** at the Wilson website. If you would like to be added (specify whether you would like to be on the daily list or just the Monday list) or removed from the distribution list, send your email address to Valeurie Friedman at **[vfriedman@pps.net](mailto:vfriedman@pps.net)**. **Have good news to share about Wilson students or alumni?** Send the details to Valeurie Friedman at **[vfriedman@pps.net](mailto:vfriedman@pps.net)**.

## **PPS Calendar for 2017-18:**

Find it online at **<http://www.pps.net/cms/lib8/OR01913224/Centricity/Domain/4/School-Quarter-Calendar-2017-18.pdf>**.

## **COMMUNITY**

### **Safe Routes to School Open House to Determine Spending Priorities, Tuesday, April 25, Jackson MS, 6-8pm**

Attend an open house hosted by the Portland Bureau of Transportation's Fixing Our Streets program, Safe Routes to School to provide feedback on how to spend \$664,000 in the Wilson cluster. Learn more **[here](#)**.

## **ALL THINGS WILSON**

Be sure to visit the Wilson website at: **<http://www.pps.k12.or.us/schools/wilson/>** to find many useful resources for parents and students including:

- Event, activity, and holiday listings on the Wilson calendar
- Online student research tools
- Links to the Daily Bulletin and past issues of the Wilson Spotlight
- Counseling Department
- How to get involved with PTA, Boosters, or Foundation

- How to order scrip ([http://www.pps.k12.or.us/schools/wilson/files/school-wilson/scrip\\_4\\_15.pdf](http://www.pps.k12.or.us/schools/wilson/files/school-wilson/scrip_4_15.pdf).)

## **Stay in Touch With the Wilson Counseling Department**

Follow [#wilsoncounseling](#) on Instagram for scholarship, college, and special events! For text alerts on financial aid and college resources, text COLLEGE to 44044!

## **Follow Wilson Leadership**

Twitter: [@wilson\\_trojans](#)

Instagram: [wilson\\_trojans](#)

Facebook: [Wilson Leadership](#)

## **Follow Wilson Yearbook**

Instagram: [@wilson.yearbook](#)

Twitter: [@WilsonTrojan](#)

## **Follow Wilson's magazine, The Trojan Horse**

Twitter: [@whstrojanhorse](#)

Instagram: [@whstrojanhorse](#)

Use the hashtag #whshorse and send us your pictures.

## **Follow SouthWest StageWorks, the Wilson High School Theatre Company**

Website: [southweststageworks.com](http://southweststageworks.com)

Facebook: [SouthWest StageWorks/Wilson High School Drama Announcements](#)

Twitter/Instagram/Snapchat: [@SW2Official](#)

Blog: [southweststageworks.blogspot.com](http://southweststageworks.blogspot.com)

## **Alumni News**

Wilson High School official alumni website:

<http://www.wilsonalumni.com>.

## **Alumni Class Reunions**

To find out about upcoming Class Reunions go to: <http://www.wilsonalumni.com/reunions.htm>.

## **Wilson Graduates Who Have Served or Are Serving in the Military**

To add your name and information to the archive of Wilson Military Graduates, click on this link: <http://www.wilsonalumni.com/Military.html>

## **Wilson Sports Schedules**

<http://www.wilsonathletics.com>

## **Faculty/Staff Contact Information**

If you would like to contact faculty or staff at Wilson go to <http://www.pps.k12.or.us/schools/wilson/>.

Portland Public Schools recognizes the diversity and worth of all individuals and groups and their roles in society. All individuals and groups shall be treated with fairness in all activities, programs and operations, without regard to age, color, creed, disability, marital status, national origin, race, religion, sex, or sexual orientation. Board of Education Policy 1.80.020-P. The Portland, Oregon School District is an equal opportunity educator and employer. Persons with disabilities or who are in need of additional accommodations in order to attend or participate in an event or program at Wilson High School should contact Maude Lamont, Curriculum VP, Telephone: 503-916-5280 email: [mlamont@pps.net](mailto:mlamont@pps.net).